

Nine Into Four

Set of 6 Tablemats and 1 Runner

Sizes: Mats 36.5cm x 28cm (14ins x 11ins)
Runner 54.0cm x 28cm (21ins x 11ins)

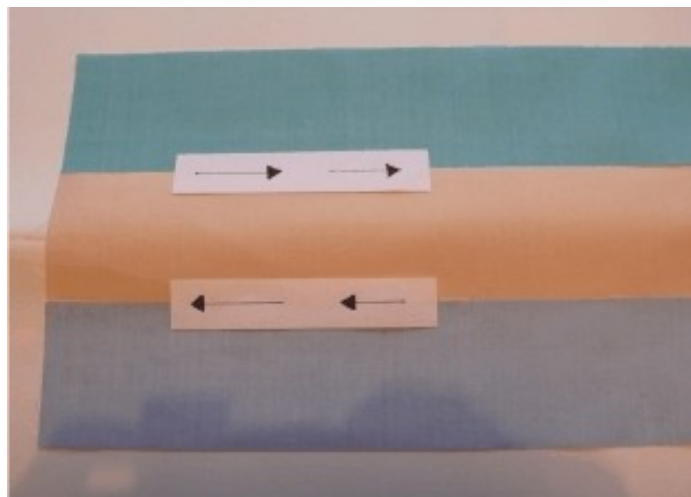
Requirements: 1 block Elements – Air, 10 fat eighths
Backing fabric: Sample used Colourshott Fleur (COTT06), 1.25m (1¼ yds)
Wadding: This will vary with which kind you choose. Approx. 0.75m
A heatproof set will require Thermal wadding.
Binding: Elements. Air Scirocco (ELAI02) 1.0m (1yd)

Method:

1. Spray starch and iron the 10 fat eighths. This helps to give a crisp cutting edge.
2. Trim one long side of the fabric to give a straight edge.
3. Cut all the colours into 3 x 3inch strips. Trim off all the selvedge edges.



4. Take 3 colours in a random order and stitch them together, making sure you sew the two seams in alternate directions. This will give you 10 sets.



5. Cut each set into 3 inch strips across the 3 colours. This will give 7 sets of each colour mix.
6. Take 3 different sets of 3 square pieces and join these together into a 9 patch. It is best to lay all the blocks out first before sewing to make sure you have a pleasing mix of colours. This will give you 23 nine patch sets with 1 set of 3 left over.
7. Cut all the 9 patch blocks into 4 pieces across the centres of the middle squares.



8. Now the fun starts. Arrange all the new 4inch square blocks into the set pattern as illustrated. 4 blocks across and 3 rows down, (12 blocks) for the 6 tablemats and 6 x 3 for the runner. There will be 2 x 4inch blocks left over. Once again, it is best to lay out all the mats and the runner before stitch, so that the colours are well mixed. No two mats will be the same but there will be a pleasing co-ordinated look. You may want to pin the sets together for later stitching. Start in the top left-hand corner and work down to the bottom-right.



9. Stitch the top row of blocks together from left to right. Repeat for the second and third rows. When you stitch the first two rows together, press the seams of the block squares in opposite directions to avoid a bulky seam. Repeat for the third row. Then sew all the 3 rows together. Press the long seams open to once again lessen the bulk of fabric.

10. Make up the quilt sandwich.



11. Quilt as desired. The sample used YLI machine quilting 100% mercerised cotton Pastels 10v and was quilted in straight lines 1 inch away from the main seams.

12. Cut the binding 2½ inches wide across the width of the fabric.

13. Stitch the sides of the mats first with the raw edges of the binding and the mat lined up. Fold the binding over to the back and hand stitch down. Next, cut the binding for the top and the bottom edges, making sure to leave a little extra at both ends to allow for a turn in, to be hand stitched before stitching the long edges down.



14. Finish all the mats in the same way.

